

FS FREESTYLE SESSIONS SCHEDULE

SUMMER SCHEDULE 2023 ~ MAY 30TH - AUGUST 4TH

ADJUSTED DATES
 June 2nd (RMFSC Test Session)
 June 7th-9th & June 12th (Pairs Camp)
 June 26th-June 30th (Broadmoor Open)
 July 3rd & 4th (Independence Day)
 July 14th (Vail Invitational)

MONDAY

BLUE RINK	
7:15-8:00AM	FSO
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-SEN FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-SEN FS
<i>ICE MAKE 1:00-1:15PM</i>	
1:15-2:15PM	FSO/B/A/D
2:15-3:15PM	FSO/B/A/D
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D
5:30-6:15PM	ASPIRE *
BEGINS JUNE 5TH!	

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D

*** RMFSA ASPIRE CLASS**
 Register for the full 6-week session or drop-in each week. Drop-in fee is \$23.00/class.
 Dates offered: 6/5, 6/12, 6/19, 7/10, 7/17, 7/24

*** EXHIBITION ICE**
 Registration opens on Mondays at 10:00am online for the current week to perform one program in the exhibition. Cost is \$12.75 and it is first come-first serve. Space is limited.
 (6/1 exhibition - registration will open on Tuesday at 10:00am instead)

TUESDAY

BLUE RINK	
7:00-7:45AM	FSO
7:45-8:30AM	FSO
8:30-8:45AM	EDGE H
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-SEN FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-SEN FS
1:00-1:45PM	PrePre-SEN FS

RED RINK	
11:15-11:30AM	EDGE M/L
11:30-12:30PM	FSO/B/A/D
12:30-1:30PM	FSO/B/A/D
<i>ICE MAKE 1:30-1:45PM</i>	
1:45-2:45PM	FSO/B/A/D
2:45-3:45PM	FSO/B/A/D
3:45-4:45PM	FSO/B/A/D

WEDNESDAY

BLUE RINK	
7:00-7:45AM	FSO
7:45-8:30AM	FSO
8:30-8:45AM	EDGE H
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-SEN FS
11:15-11:30AM	EDGE M/L
<i>ICE MAKE 11:30-11:45AM</i>	
11:45-12:30PM	INT-SEN FS
12:30-1:15PM	Prel-SEN FS
1:15-2:15PM	FSO/B/A/D
<i>ICE MAKE 2:15-2:30PM</i>	
2:30-3:30PM	FSO/B/A/D
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D

THURSDAY

BLUE RINK	
7:00-7:45AM	FSO
7:45-8:30AM	FSO
8:30-8:45AM	EDGE H
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-SEN FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-SEN FS
1:00-1:45PM	PrePre-SEN FS
<i>ICE MAKE 1:45-2:00PM</i>	
2:00-4:00PM	EXHIBITIONS *
BEGINS JUNE 1ST!	
REGISTER ONLINE BY WED @ 2PM!	
NOT OFFERED ON 6/8, 6/29 OR 7/13	

RED RINK	
11:15-11:30AM	EDGE M/L
11:30-12:30PM	FSO/B/A/D
12:30-1:30PM	FSO/B/A/D
<i>ICE MAKE 1:30-1:45PM</i>	
1:45-2:45PM	FSO/B/A/D
2:45-3:45PM	FSO/B/A/D
3:45-4:45PM	FSO/B/A/D

FRIDAY

BLUE RINK	
7:15-8:00AM	FSO
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-SEN FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-SEN FS
<i>ICE MAKE 1:00-1:15PM</i>	
1:15-2:15PM	FSO/B/A/D
2:15-3:15PM	FSO/B/A/D
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D

SELECT SESSION TYPE OPTIONS
 (use the below options when purchasing sessions)

FSO/B/A/D - 60 MIN
 FSO - 45 MIN
 PREL-SEN FS - 45 MIN
 PREPRE-SEN FS - 45 MIN
 INT-SEN FS - 45 MIN
 NOV-SEN FS - 45 MIN
 EDGE H - 15 MIN
 EDGE M/L - 15 MIN
 EXHIBITION ICE
 RMFSA CLASS DROP-IN

LEVEL BREAKDOWN

O ~ Open: Freestyle 4-Senior
B ~ Beginner: Snowplow Sam 2-Freestyle 4
A ~ Adults
D ~ Ice Dance
EDGE H ~ Novice-Senior

Prel-SEN ~ Preliminary-Senior
PrePre-SEN ~ PrePreliminary-Senior
INT-SEN ~ Intermediate-Senior
NOV-SEN ~ Novice-Senior
EDGE M/L ~ PrePreliminary-Intermediate