

# FS FREESTYLE SESSIONS SCHEDULE

## MONDAY, AUGUST 19TH - FRIDAY, AUGUST 23RD 2024

### MONDAY 8/19

BLUE RINK	
NO MORNING SESSIONS	
1:00-1:45PM	JUV-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	Prel-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	Prel-SEN FS
4:15-5:00PM	Prel-SEN FS

### TUESDAY 8/20

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK ICE MAKE</i>	
1:00-1:45PM	JUV-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	Prel-SEN FS
3:15-4:00PM	Prel-SEN FS

### WEDNESDAY 8/21

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK ICE MAKE</i>	
1:00-1:45PM	JUV-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	Prel-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	Prel-SEN FS
4:15-5:00PM	Prel-SEN FS

### THURSDAY 8/22

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK ICE MAKE</i>	
1:00-1:45PM	JUV-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	Prel-SEN FS
3:15-4:00PM	Prel-SEN FS

### FRIDAY 8/23

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK ICE MAKE</i>	
1:00-2:00PM	JUV-SEN FS
2:00-2:45PM	JUV-SEN FS
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-3:45PM	Prel-SEN FS
3:45-4:45PM	Prel-SEN FS

RED RINK	
12:45-1:45PM	FSO/B/D/A
1:45-2:45PM	FSO/B/D/A
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/D/A
4:00-5:00PM	FSO/B/D/A
5:00-5:45PM	FSO/B

RED RINK	
12:45-1:45PM	FSO/B/D/A
1:45-2:45PM	FSO/B/D/A
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/D/A
4:00-4:45PM	FSO
4:45-5:30PM	FSO/B

RED RINK	
12:45-1:45PM	FSO/B/D/A
1:45-2:45PM	FSO/B/D/A
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/D/A
4:00-5:00PM	FSO/B/D/A
5:00-5:45PM	FSO/B

RED RINK	
12:45-1:45PM	FSO/B/D/A
1:45-2:45PM	FSO/B/D/A
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/D/A
4:00-4:45PM	FSO/B

RED RINK	
12:30-1:30PM	FSO/B/D/A
1:30-2:30PM	FSO/B/D/A
<i>ICE MAKE 2:30-2:45PM</i>	
2:45-3:45PM	FSO/B/D/A
3:45-4:45PM	FSO/B/D/A

#### LEVEL BREAKDOWN

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| <p><b>O</b> ~ Open: Freestyle 4-Senior<br/> <b>B</b> ~ Beginner: Snowplow Sam 2-Freestyle 4<br/> <b>D</b> ~ Ice Dance<br/> <b>A</b> ~ Adults</p> | <p><b>Prel-SEN</b> ~ Preliminary-Senior<br/> <b>INT-SEN</b> ~ Intermediate-Senior<br/> <b>JUV-SEN</b> ~ Juvenile-Senior</p> |
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#### SELECT SESSION TYPE

##### OPTIONS

(use the below options when purchasing sessions)

- FSO/B/D/A - 60 MIN
- FSO/B - 45 MIN
- FSO - 45 MIN
- JUV-SEN FS - 60 MIN
- JUV-SEN FS - 45 MIN
- PREL-SEN FS - 45 MIN
- PREL-SEN FS - 60 MIN